

# Sister Corita Kent's Rules

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Using any of the methods we've learned, create a poster expressing one of Sister Corita Kent's rules.

You may choose to express the rule abstractly or figuratively, using the text or no text. Make the poster using your 12x19 paper.

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**RULE 1**

Find a place you trust, and then try trusting it for a while.

**RULE 2**

General duties of a student: Pull everything out of your teacher; pull everything out of your fellow students.

**RULE 3**

General duties of a teacher: Pull everything out of your students.

**RULE 4**

Consider everything an experiment.

**RULE 5**

Be self-disciplined: this means finding someone wise or smart and choosing to follow them. To be disciplined is to follow in a good way. To be self-disciplined is to follow in a better way.

**RULE 6**

Nothing is a mistake. There's no win and no fail, there's only make.

**RULE 7**

The only rule is work. If you work it will lead to something. It's the people who do all of the work all of the time who eventually catch on to things.

**RULE 8**

Don't try to create and analyze at the same time. They're different processes.

**RULE 9**

Be happy whenever you can manage it. Enjoy yourself. It's lighter than you think.

**RULE 10**

We're breaking all the rules. Even our own rules. And how do we do that? By leaving plenty of room for X quantities.

**HINTS**

Always be around. Come or go to everything. Always go to classes. Read anything you can get your hands on. Look at movies carefully, often. Save everything. It might come in handy later.

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Read more listen to podcasts about the rules at <https://www.corita.org/tenrules>

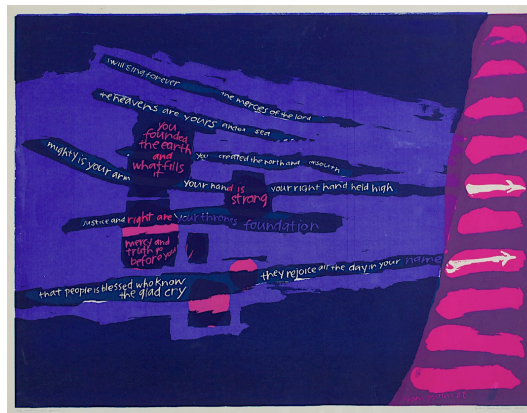
## CORITA KENT

From [www.corita.org](http://www.corita.org)

Corita Kent, also known as Sister Mary Corita, was an artist with an innovative approach to design and education. By the 1960s, her vibrant serigraphs were drawing international acclaim. Corita's work reflected her concerns about poverty, racism, and war, and her messages of peace and social justice continue to resonate with audiences today.

In the 1960s, Corita Kent asked her students to collectively reimagine what a learning environment could be. Their contributions comprised the now widely recognizable Immaculate Heart College Art Department Rules (commonly referred to as "Ten Rules").

View a full collection of Corita Kent's work at <https://collection.corita.org/> . Below is just a taste.



# Face of the Revolution

Using image appropriation and screen printing, create multiple interpretations of a photographic portrait of a revolutionary leader.

## Revolutionary

*adjective:*

- involving or causing a complete or dramatic change.
- engaged in or promoting political revolution.

*noun:* a person who works for or engages in political revolution.

## RESEARCH

**Find a photograph of a revolutionary leader's face** that can be cropped and printed at 8"x 8". Search for very large images; most images found online are small/low resolution.

When choosing a revolutionary to research, help expand our knowledge of folks fighting or who have fought for civil rights, LGBTQ+ rights, disability rights, women's rights, migrant rights ..... here in the US or elsewhere (ie, not the American Revolution, we already know a bunch about that).

**Write a short, 150-ish word, intro** about the person to share along with your print explorations.

## SILKSCREEN INTERPRETATIONS

### PART 1- a la Andy Warhol:

Using the 8"x 8" image of the person, translate the image into positive and negative shapes: Using tracing paper and black technical pens and a black marker, render the image using only areas of mass (no lines).

Think about the quality of shapes you choose to express the person with: do you use all angular, straight lined shapes? Or organic and curvy ones? What difference does make?

Make a series of 4 prints of your person. Present all 4 trimmed and in a square.

1. Create a 2-color rendition of the person. Using the black and white shape rendering as a guide, choose one color for the dark areas and another color for the light/white areas.
2. Using the same stencils as above, create the print using 2 new colors.
3. Create a 3-color iteration
4. Create another, different 3- or more-color iteration

Which do you think is visually complimentary or commentary on the person's persona? How do the different color uses effect. interpretation?



**PART 2 - a la Shepard Fairey:**

Using the original image of the person as reference, create an 11x17 expressive poster using any of the printing methods we've gone over and any other individual touches you'd like to add. How can texture play a roll in expressing the person and their message? How about color? Shape, line.....



# You Are Not Alone

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One in five adults in the United States suffers from mental illness. Let's talk about it: hand letter a poster interpretation of the You Are Not Alone mural project.

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From [YouAreNotAloneMurals.com](http://YouAreNotAloneMurals.com):

A public art project that inspires artists to create work in their communities—sparking hope, connection, and conversations about mental health.

*"The murals and digital works remind viewers that no matter what challenges each of us is dealing with, our emotions are universal. No one is immune to anxiety, grief, anger, shame, and sadness. We are fundamentally connected through our humanity and, therefore, never alone."*

By adding your voice to the chorus of artists interpreting this phrase, you will be spreading a message of hope—one that chips away at the stigma around talking publicly about mental health challenges.

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## RESEARCH

**Read about mental health.** The mural project was inspired by a book by one of the founders: [I Don't Want to Be Crazy](#). You could read it.

**Learn about the project** at [www.youarenotalonemurals.com](http://www.youarenotalonemurals.com).

**Learn about hand lettering** and check out what's been done:

- Mary Kate McDevitt's [Handletter Guide](#)
- [Ultimate Handlettering Guide](#)
- [How to draw Graffiti letters for Beginners](#)
- [Alphabet 100](#) - by Christopher Rouleau
- [Good Type](#) / [#goodtypetuesday](#) instagrams
- [You Are Not Alone Instagram](#)

## SPECIFICATIONS

From [youarenotalonemurals.com/participate](http://youarenotalonemurals.com/participate):

1. Design a piece using the phrase "You Are Not Alone."
2. Color palette must include only black, white, grey, yellow.
3. If you speak a different language, we encourage you to translate the message in your work.

From Becca:

4. The poster will be at least 2-color and screen printed.
5. Make an edition of at least 10 posters.

## DISTRIBUTION

At the bottom of each poster, in pencil, sign and give an edition # (1/10, 2/10, 3/10...).

We'll hang these posters around campus for all to see and connect with. And Art & Design will pass them out to prospective students at Open House events to show off what we can do here.

*If you don't want your posters used in these ways tell Becca.*

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### OPTIONAL SUBMISSION TO YOU ARE NOT ALONE

If you'd like to participate-participate and try to get your works shared within the youarenotalone community follow the guidelines at [www.youarenotalonemurals.com/participate](http://www.youarenotalonemurals.com/participate) which include:

- Take lots of process and final pictures and videos and put them in the google drive they linked to. Include any photo credits in the file name. (Videos shot in 4k and that are horizontal could be considered for inclusion in a documentary that is being made about the project.)
  - Include your name, IG handle, short bio, and a statement that is a few sentences about how/why you connect to this message in the google sheet they link to. You can also share video about why you joined.
  - Share on insta using #youarenotaloneart and #youarenotalonemurals and tag your photo @youarenotalonemurals.
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# It's your prerogative

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*"I don't need permission / Make my own decisions / That's my prerogative. "* -Bobby Brown

Concept, create, design, explore, and express using silkscreen printing. Show us what you've learned. Experiment some more.

This should be a personal piece(s); you will come up with all content: art, design, copy. Reflect on how you're feeling, what you're thinking about, what is of interest to you.

Create your own, original images by photographic or illustrational means. When using images, any found image must be appropriated by manipulation, decontextualization, alternative rendition, etc to make it your own.

Process and progress will be key. You will be expected to present and show progress each class meeting for feedback.

During our final period, you will show and present your project for a final critique.